

Supporting the dyslexic learner. Introduction of a guide for parents. Magdalena Ziemnicka

Experience

Educational psychologist in primary school

Disability officer at the University

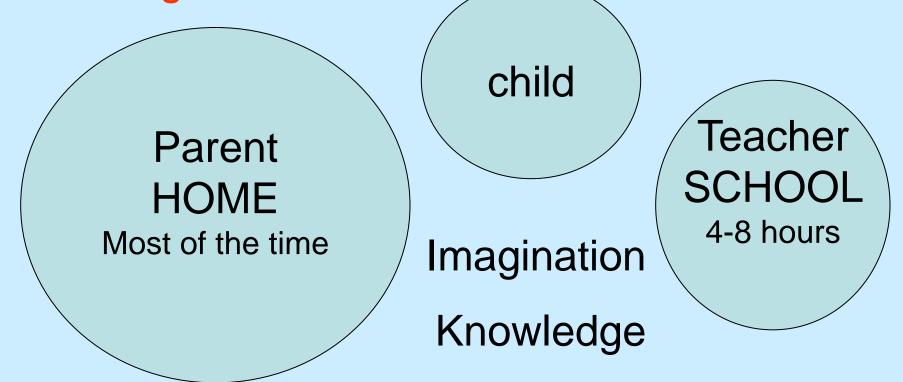
Author of the booklet for parents







- Having dyslexia means thinking, learning and behaving in a special way.
- For this special kids needs to be introduced a special way of teaching and raising.



Dyslexic's child day

Every child is different



Morning





Problem with waking up | Longer cleaning



Problem with quick eating



Problem with shoe lacing

What parent can do

- Wakes up early enough
- Keeps schedule for activities
- Gives exact time for given activity
- Reminds what to do

Going to school

- Stomach aches,
- Headaches,
- Nauseas.

What parent can do?

- Say that you love him irrespective of his marks at school
- "I know that you was working a lot yesterday evening"
- Check if child is sick, if not has to come to the school, otherwise you will reinforce it, and it will happened again.

After school

Child wants to talk what happened at school.

Child is depressed, quiet and does not want to share.

Parent:

Find time for talking at that moment, if not: explain that you can talk about it later.

Say that you are worried of his sad face and tell that it would be better to talk about it together.

Problems with homework

- Child does not want to do homework after coming back from the school
- Is busy with different things (toilet, eating, looking for some things etc)

In the end homework time takes all time after the school.

What parent can do?

Allow child to rest; walk in the park, bikeriding, oxygen is important for brain work.

Establish work at same time every day eg 5.00 – 6.30.

Help child do homework himself, withdraw immediately when possible.

What parent can do?

- Child cannot be too hungry and too fool; make sure child got water and fruits
- Check if desk is not messy
- It should be proper desk with proper light and chair.



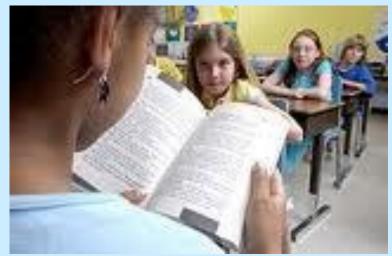
Less is more!

So how to eat elephant?



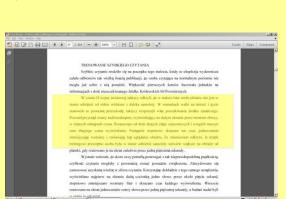
Difficulties in reading

- reluctance to read (out loud and for himslef)
- slow reading and the difficulty of reading the extensive reading
- reading without understanding
- eye fatigue



How we can help in reading?

- We have to read for ourselves
- To read for kids
- To ask them to read for us recepis, TV programme, instructions, etiquettes.
- Try to use layers







We should be convincing that reading can be pleasant and useful activity.

Writing

- poor handwriting
- incorrect grip writer
- blockade to write
- racing thoughts



PROTEST :

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How we can help in writing?

If possible encourage to use computer

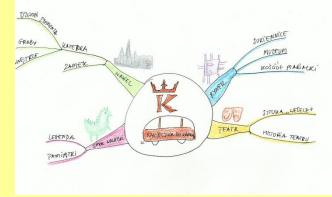
Check if pen is proper





Writing essays

- Discussion with child the subject
- Encouraging to use concept maps
- Child reads essay out loud
- Parent reads essay out loud
- Discussion what can be changed



Preparing bag in the evening for the school the next day

- Make checklist of things child has to take
- Check child's bag in the evening



Evening

Reading for sleeping (time for closeness)

Telling fairy tales explaining problems which came across during the day.



Need to know Need to be imaginative

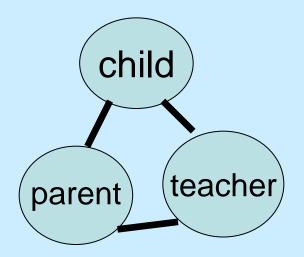


"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."

- Albert Einstein

What schools may organize?

- Workshops for parents
- Individual meetings
- Booklets for parents



Thank you!

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