

Supporting the dyslexic learner. Introduction of a guide for parents. Magdalena Ziemnicka

## Experience

Educational psychologist in primary school

Disability officer at the University

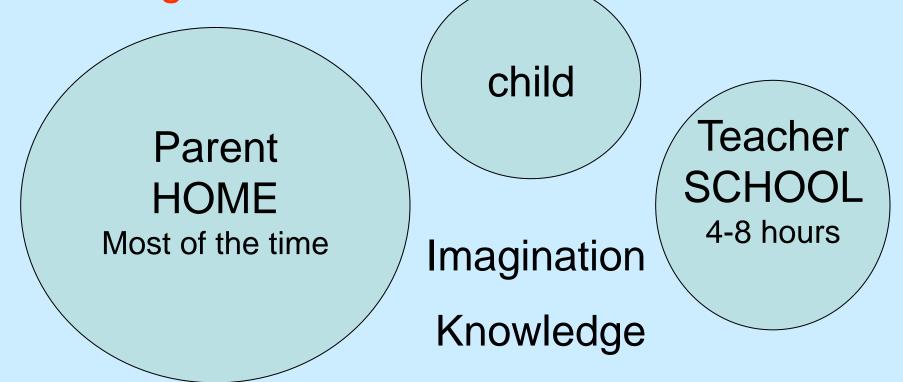
Author of the booklet for parents







- Having dyslexia means thinking, learning and behaving in a special way.
- For this special kids needs to be introduced a special way of teaching and raising.



## Dyslexic's child day

#### **Every child is different**



# Morning





#### Problem with waking up | Longer cleaning



Problem with quick eating



Problem with shoe lacing

## What parent can do

- Wakes up early enough
- Keeps schedule for activities
- Gives exact time for given activity
- Reminds what to do

# Going to school

- Stomach aches,
- Headaches,
- Nauseas.

## What parent can do?

- Say that you love him irrespective of his marks at school
- "I know that you was working a lot yesterday evening"
- Check if child is sick, if not has to come to the school, otherwise you will reinforce it, and it will happened again.

## After school

Child wants to talk what happened at school.

Child is depressed, quiet and does not want to share.

## Parent:

Find time for talking at that moment, if not: explain that you can talk about it later.

Say that you are worried of his sad face and tell that it would be better to talk about it together.

## Problems with homework

- Child does not want to do homework after coming back from the school
- Is busy with different things (toilet, eating, looking for some things etc)

In the end homework time takes all time after the school.

## What parent can do?

Allow child to rest; walk in the park, bikeriding, oxygen is important for brain work.

Establish work at same time every day eg 5.00 – 6.30.

Help child do homework himself, withdraw immediately when possible.

## What parent can do?

- Child cannot be too hungry and too fool; make sure child got water and fruits
- Check if desk is not messy
- It should be proper desk with proper light and chair.



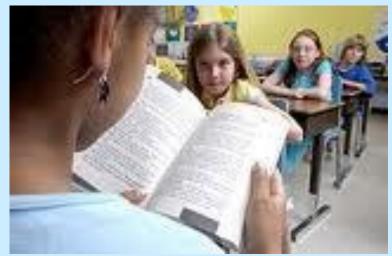
### Less is more!

So how to eat elephant?



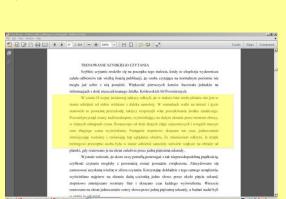
## Difficulties in reading

- reluctance to read (out loud and for himslef)
- slow reading and the difficulty of reading the extensive reading
- reading without understanding
- eye fatigue



# How we can help in reading?

- We have to read for ourselves
- To read for kids
- To ask them to read for us recepis, TV programme, instructions, etiquettes.
- Try to use layers







We should be convincing that reading can be pleasant and useful activity.

# Writing

- poor handwriting
- incorrect grip writer
- blockade to write
- racing thoughts



#### PROTEST :

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## How we can help in writing?

If possible encourage to use computer

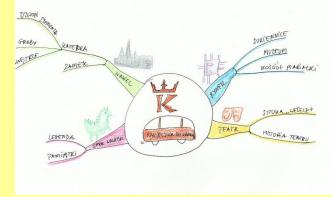
Check if pen is proper





# Writing essays

- Discussion with child the subject
- Encouraging to use concept maps
- Child reads essay out loud
- Parent reads essay out loud
- Discussion what can be changed



Preparing bag in the evening for the school the next day

- Make checklist of things child has to take
- Check child's bag in the evening



# Evening

Reading for sleeping (time for closeness)

Telling fairy tales explaining problems which came across during the day.



#### Need to know Need to be imaginative

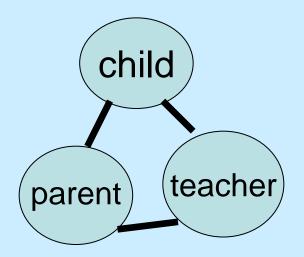


"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."

- Albert Einstein

# What schools may organize?

- Workshops for parents
- Individual meetings
- Booklets for parents



#### Thank you!

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